

Heart Attacks: Men vs Women

The warning signs for heart attacks can differ among men and women. Here's a rundown of the different symptoms that are common for each:

Heart Attack Symptoms	
Chest pain	♂
Chest pressure	♂ ♀
Pain in arms, neck, or jaw	♂♂
Irregular heartbeat	♂♂
Discomfort between shoulder blades	♂♀
Shortness of breath	♂♂♀
Heartburn or indigestion	♂♂
Gas-like abdominal pain	♂♀
Sweating	♂♀♀♀
Cold sweat	♂♀♀♀
Dizziness or light-headedness	♂♀♀
Nausea	♀♀♀
Fatigue	♀♀♀
Sleep problems	♀♀♀
Anxiety	♀♀♀