SUDDEN CARDIAC ARREST



Understanding

SUDDEN CARDIAC ARREST

VS. **HEART** ATTACK

SUDDEN CARDIAC

ARREST is a problem with the heart's "ELECTRICAL

system

A HEART ATTACK affects the "PLUMBING" of the

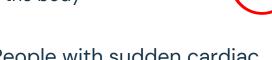
heart

Usually strikes WITHOUT WARNING





People may have EARLY SIGNS





BLOOD SUPPLY to the heart muscle is **REDUCED OR BLOCKED**, but the heart **KEEPS BEATING**

People HAVE A PULSE, unless the heart attack causes sudden cardiac arrest

People with sudden cardiac arrest WON'T HAVE A PULSE



QUICK ACTION SAVES LIVES

1. Call 911



2 Immediately start CPR, hands only



3. If available, use an automated external defibrillator (AED) to provide an electric shock to the heart, within minutes

SURVIVAL RATES COULD DOUBLE OR TRIPLE if more people TAKE ACTION AND KNOW what to do when someone is in sudden cardiac arrest