

Nuclear Fallout Preparation Checklist

- Find on your radio your local EMS and disaster relief stations in your area
- The middle of the home is the safest place to be during a radioactive fallout event. Plan accordingly. Have enough supplies, food, water, extra clothing, bedding for each member of your family easily accessible and available.
- Duct tape
- Sheet of plastic, enough to cover vents, windows, and doors
- Hand crank or transistor radio with extra batteries
- Flashlights with extra batteries (there is a good chance electric service will be out)
- Ready to eat food. Since the outdoor air will be filled with radioactive material, using a portable propane or other fuel source uses oxygen. Avoid use at all costs.
- Remember pets and their food. If they use canned food, remember a can opener.
- Stored water with filtration- Filter any water you consume
Gallon cubes, found at sporting supply stores are an inexpensive and easy way to store and haul water. Life straws are small and can filter stored water. Try to store 3 gallons per person per day. At the very least, plan on 1 gallon per person per day.
- Tap water and any outside water sources should be treated as contaminated until authorities say otherwise.

- The same goes for wood and any fruits and vegetables outside, they are also contaminated.
- Towels, for hygiene and to dry off after decontamination. Towels used to dry off after decontamination need to be stored outside.
- Medications family members use. Plan for 3 weeks' worth if possible.
- Porta potty with extra plastic bags, toilet paper, baby wipes, hand sanitizer
- Blankets and pillows, blow up mats and pillows are space saving
- Have at least 2 extra sets of clothing for each family member